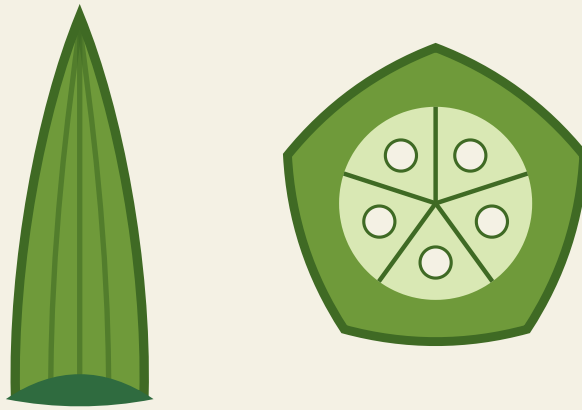


Okra Printables: Free Sample

A taste of the six packs



FREE

7 PAGES

A4 & US LETTER

WELCOME

What's in this sample

Real pages from the full packs

Thanks for downloading. This sample has pages from the **Grow-Your-Own Okra Planner**, **Where Food Comes From**, the **Colouring & Activity Pack** and the **History & Facts Poster Set**. Every fact is checked against a named source, listed on the last page.

PACK	FOR
Grow-Your-Own Okra Planner & Sowing Calendar	Okra growers, from UK greenhouses to warm-climate gardens
Okra Harvest Log & Plant Record Book	Greenhouse growers and warm-climate gardeners
Okra Pest & Problem ID Charts	Greenhouse growers and warm-climate gardeners
Where Food Comes From: Okra Worksheets for Kids	Ages 5 to 11, families and schools
Okra Colouring & Activity Pack	Ages 3 to 9
Okra History & Facts Poster Set	Classrooms, kitchens and greenhouses

The full packs are at okra.vegetables.im/shop/.

Four or five okra plants should give enough pods for most families.

FROM THE PLANNER

Month by month

When to sow, plant and pick

JOB	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
RHS (UK): sow indoors												
RHS (UK): plant out, late May or June												
RHS (UK): pick												
Clemson (SC): plant, Piedmont												
Clemson (SC): plant, coast												
Clemson (SC): ratoon												

A green month means “some time in this month”, not the whole month. UK timings from the RHS okra guide (pods from mid-summer until temperatures drop in autumn); South Carolina planting and ratooning dates from Clemson Extension. Elsewhere, go by your own warmth and frost dates.

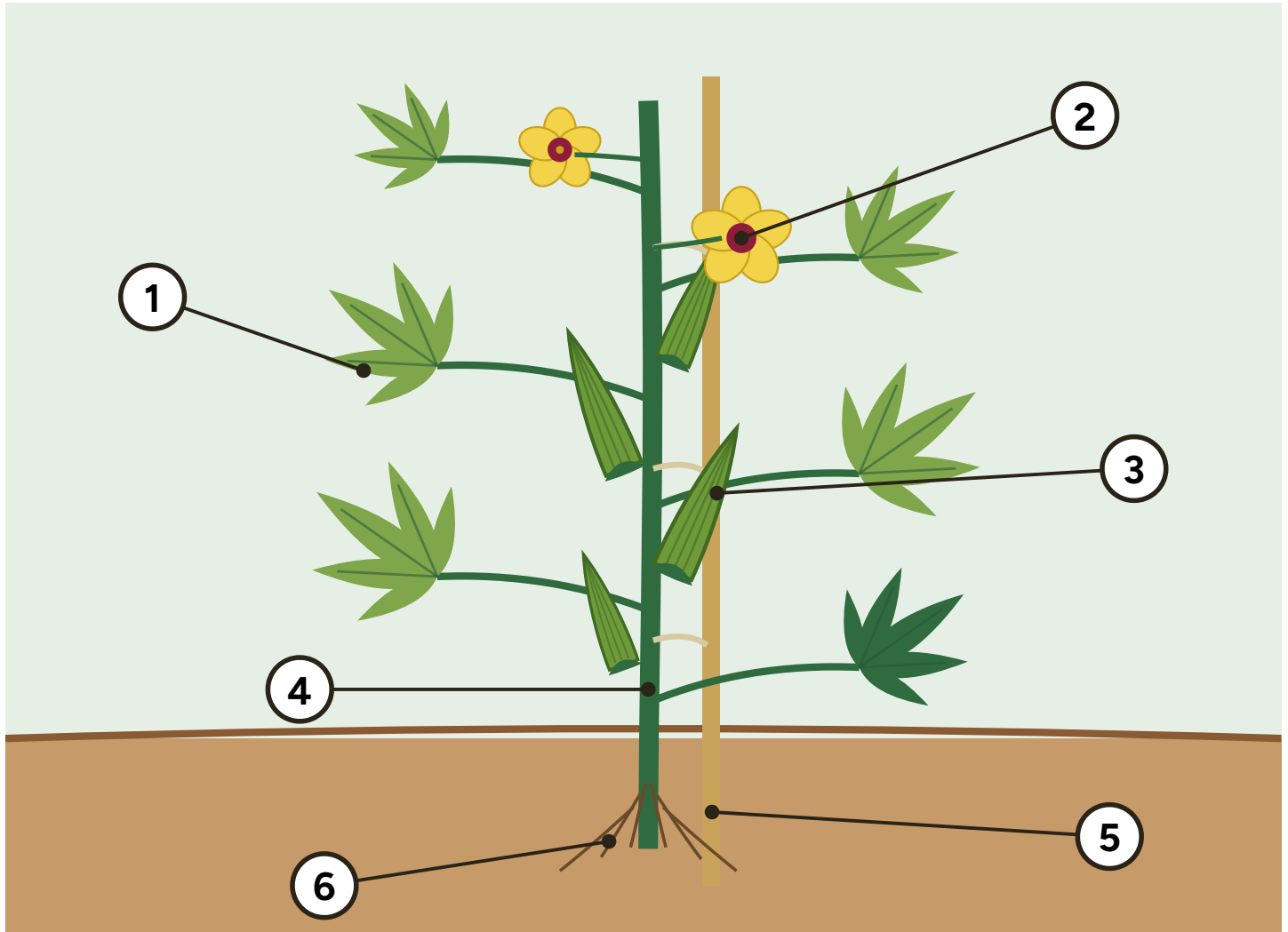
- The RHS says sow okra seeds indoors in March or April, after soaking them for two hours in warm water, one to each small pot or module.
- Move young plants to their final spot when they are 10–15cm (4–6in) tall, in late May or June.
- Clemson's planting dates for South Carolina: 15 May to 15 July in the Piedmont, 1 May to 30 June on the coast. A fall planting is not recommended.

YOUR GARDEN IS DIFFERENT

Timings are guides. The RHS writes for UK greenhouses; Clemson, UGA, Texas A&M AgriLife and NC State write for warm US gardens. Weather, variety and where you grow all make a difference, so watch your plants as well as the calendar.

FROM WHERE FOOD COMES FROM

Label the okra plant

Write the right word by each number

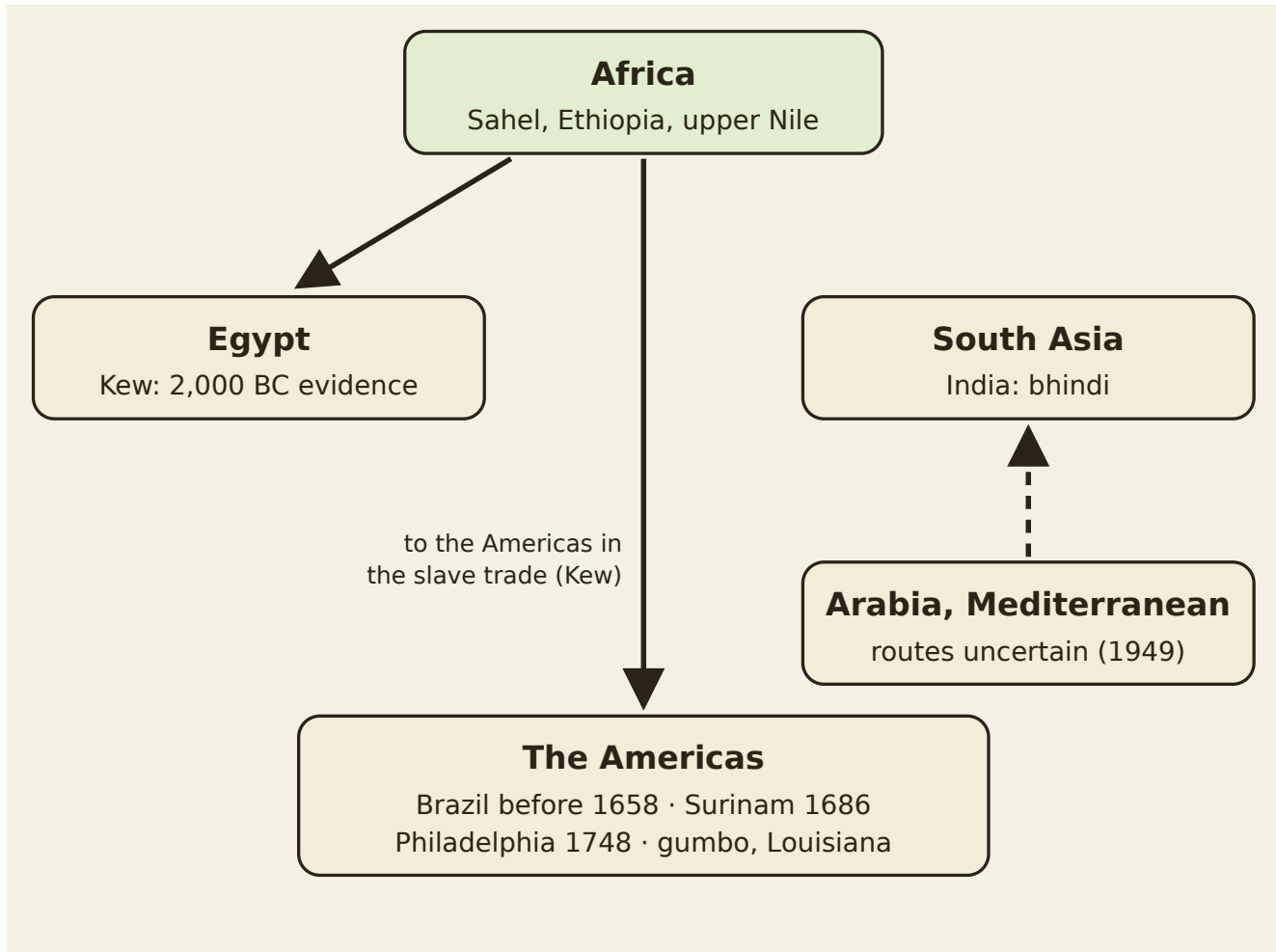
A simple drawing, not to scale.

Word bank: leaf · flower · pod · main stem · cane · roots

Answers: 1. leaf · 2. flower · 3. pod · 4. main stem · 5. cane · 6. roots

FROM THE POSTER SET

Okra's journey

Out of Africa, and across the world

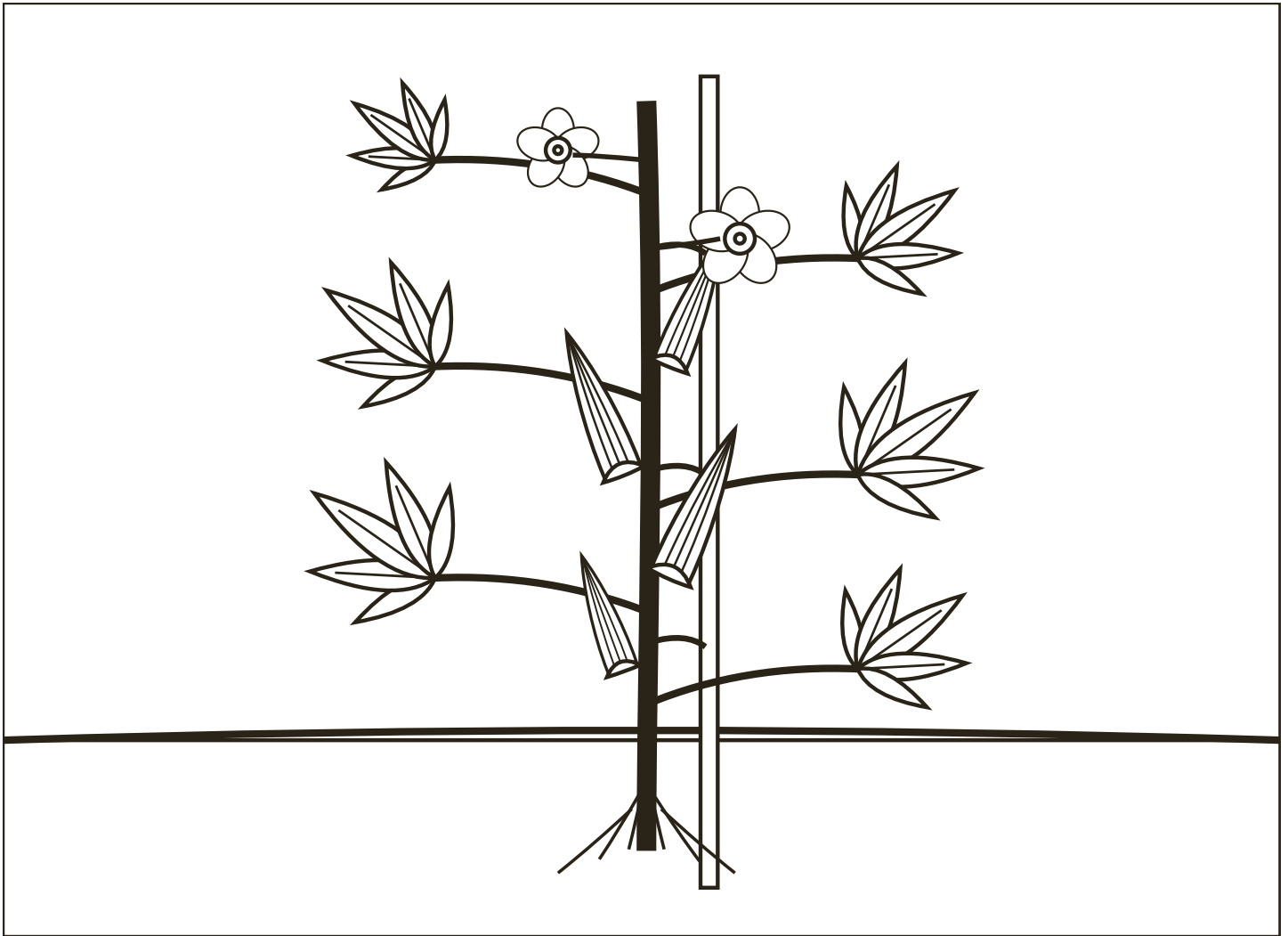
Solid arrows: where Kew says so. Dashed arrow: a route suggested in a 1949 account, which itself says the routes are "by no means certain". Our own simplified drawing, not to scale.

- Kew: the exact origin of okra is unknown, but it is thought to have come from Africa, where it has been grown as a crop for centuries.
- Kew: evidence suggests okra was grown in Egypt as long ago as 2,000 BC.
- Kew: okra was later introduced to the Americas during the slave trade.

FROM THE COLOURING PACK

An okra plant

Big leaves, yellow flowers and pods pointing up



Okra flowers are yellow with a crimson centre.

Credits, licence & help

The small print, kept short

YOUR LICENCE

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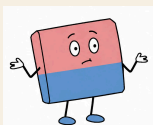
WHERE THE FACTS COME FROM

Every fact in this pack was checked against the source pages below on 30 Oct 2026. Where sources give different figures, we show each one with its source rather than picking one.

RHS: How to grow okra: www.rhs.org.uk/vegetables/okra/grow-your-own
Clemson Cooperative Extension, Home & Garden Information Center: Okra (HGIC 1313; written for South Carolina): hgic.clemson.edu/factsheet/okra/
Encyclopaedia Britannica: okra: www.britannica.com/plant/okra

Royal Botanic Gardens, Kew: Plants of the World Online, *Abelmoschus esculentus*, species profile (Internet Archive copy of 4 June 2026): web.archive.org/web/20260604063548/powo.science.kew.org/taxon/urn:lsid:ipni.org:names:558006-1/general-information

Not affiliated with the RHS, Kew, Encyclopaedia Britannica, the FAO, Clemson University, the University of Georgia, Texas A&M AgriLife, NC State University, National Geographic, the Internet Archive or any seed company. Their names are used only to identify the sources quoted. All pictures are our own simplified drawings, not photographs and not identification guides.



NEED HELP?

Useless can't help (he's an eraser, and he's busy rubbing out the bits he got wrong), but we can. Problems with your file, or spotted something we should fix? Email info@reallybyte.com.

More free okra facts and games: okra.vegetables.im